Letter of Recommendation
Listen to Your Life

(Applicant's name) _____ has applied for admission to *Listen to Your Life: A Sacred Voice is Calling,* a program of the Bread of Life Center in Sacramento [www.breadoflife.org]. Each applicant is asked for a letter of recommendation from someone in his/her spiritual community who can confirm the willingness and capacity to deepen in spiritual life and desire to explore potential next steps in living life as a "calling". Please send completed applications to the attention of "Listen to Your Life," Bread of Life, 1260 Fulton Avenue, Suite A, Sacramento, CA 95825 or email to office@breadoflife.org**.**

1. **How long have you known this person? In what capacity?**

2. **The depth spiritual journey requires much of a person – grounding in conscious relationship with the Sacred; an openness to growth and willingness to be unfinished; a capacity to be appropriately vulnerable in learning; space and willingness to make a commitment to the work of the journey, a capacity for compassion, and many other gifts and qualities that might be named. Please name some characteristics of this applicant that show suitability for this journey.**

3. **What are the spiritual strengths of this person?**

4. **In what areas of growth could this person particularly benefit?**

5. **What is your sense of how this person currently attends to his/her own spiritual growth and personal development?**

6. **What is this person's attitude toward/ way of being with those who have different life experiences, theologies, education, etc? Give specific examples if possible.**

7. **Is there anything else you feel we need to know to fully assess this person's suitability for entering this program of formation?**

Your signature_____

Date: _____ **Daytime phone**_____