

spontaneous creativity

Join Dena McKittrick in this spontaneous class and discover a variety of sample projects designed to awaken your creative spirit as you connect with your inner muse.

Step into beginner's mind, free up your expressive urges, & experiment with different media - just for the fun of it!

Please register by Monday of the given week, so Dena can plan the materials for you. No art experience is necessary.

**Every 1st Sat of the month,
starting Sept 4, 2010
(Sept 4, Oct 2, Nov 6, Dec 4)**

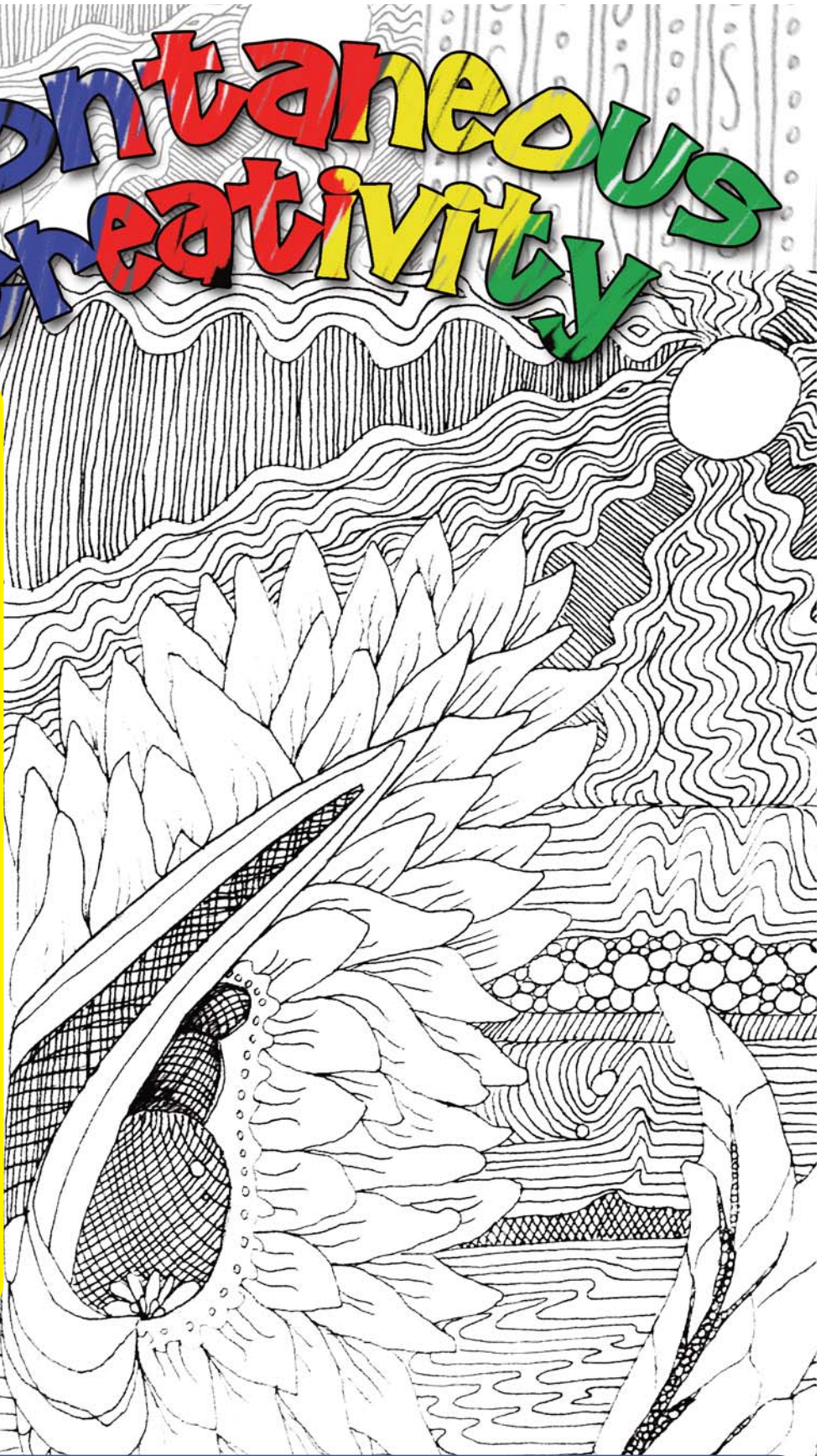
10:00 am – 2:00 pm

Upstairs art rooms

Bring your own bag lunch

Cost: \$10/ class session, plus additional \$2.50 per class materials fee. Save your spot in advance. Pre-pay for all 4 classes at once to save \$6.

Open to mature youth and adults



Spirit in the Arts (A program of Bread of Life)

650 El Camino Avenue, Sac CA 95815

(916) 648-1803

Located on the corner of El Camino Ave

& Cantalier St, off Del Paso Blvd.

breadoflife.org/spirit.html

